

TERM 3 WEEK 1

From the Principal

SPORTS DAY – Calen North Coast

Congratulations to Seaforth who tied with Bloomsbury for the overall winners of the Calen North Coast Sports Day this year.

Congratulations to the following students who were selected in the Calen North Coast Team to compete on Tuesday 4th August at the Mackay Trials. Notes will be sent home today.

- ✓ Chloe Martin
- ✓ Alannah Curry
- ✓ Ryan Atkins
- ✓ Ashten Windsor
- ✓ Koko Drummond
- ✓ Stacey Said
- ✓ Dexter Edmonds
- ✓ Aaron Miller
- ✓ Lisa Kley
- ✓ Ben Curry
- ✓ Ryan Eden
- ✓ Tyson Yule
- ✓ Jayden Gillingham

Also on the afternoon we had a number of age champions (first, second and third) announced. I am still waiting for these final names to publish.

REBEKKAH'S LEAVE

Attached to this newsletter is a letter outlining what will happen when I take Maternity Leave at the end of Term 3.

Keep children at home if they are sick

As school resumes for Term 3, parents are being urged to keep their children home if they are sick with flu-like symptoms.

Queensland now has more than 1600 confirmed cases of Pandemic (H1N1) 2009 (Human Swine Influenza).

Symptoms of human swine flu are similar to seasonal influenza and include a fever, cough and/or sore throat. Other symptoms can include fatigue, myalgia, headache, body aches or chills.

Queensland Health says one of the best ways to stop the spread of the flu is to keep sick children home and encourage good hygiene.

If children are sick the best thing to do is keep them away from school and other events such as socials and sporting carnivals. This might mean that some children will miss interstate and other planned school trips.

People generally have to be mindful that there are some who are more at risk from swine flu so those who are sick need to do the right thing and stay at home from school and work.

School closures remain an option in very limited circumstances but the likelihood of disruption during the new school term has lessened.

Queensland is now in the “protect” phase in managing the influenza outbreak and parents need to be aware that while most people who contract the flu are making rapid and full recovery, some who are particularly vulnerable need to seek medical help at the onset of flu-like symptoms.

The essence of the “protect” phase is to concentrate on the early treatment of those in the community who may be more vulnerable to severe outcomes if they contract the virus.

Those identified as being vulnerable include pregnant women, Indigenous Australians, people with respiratory disease (including asthma and COPD), heart disease, diabetes, renal and liver disease, obesity and immunosuppression.

If you have any questions regarding symptoms or illness, contact your general practitioner or call Queensland Health on 13 Health (13 43 25 84)

For education related questions, contact your school principal. Further information is also available from the Queensland health website.

Queensland Health Swine Flu Response website:
www.health.qld.gov.au/swineflu/html/schools.asp

Specific information and advice for parents:
www.health.qld.gov.au/swineflu/documents/parents_advice.pdf

Human Swine Influenza

Queensland schools have played an important role in helping contain the spread of H1N1 Influenza 09 (Human Swine Influenza) in Queensland.

With Australia now moving to a new 'protect' phase, Queensland's policy of school exclusions and closing schools to students will conclude at the end of term on Friday June 26.

In line with this decision, the seven-day time-out guidelines for students entering Queensland from areas of concern, including Mexico, the United States of America, Canada, Panama, Japan, Chile and Argentina or students that are returning from Victoria, will not apply after that date.

It means for example, that any students visiting Victoria during the school holidays will be able to return to school immediately Term 3 begins.

However if our school has a confirmed case, we may need to finish the term early this week.

While restrictions are being eased, it is important to stay vigilant, practise good hygiene and seek medical advice if children are showing the symptoms of Human Swine Influenza.

The symptoms of Human Swine Influenza are similar to those of seasonal influenza, including fever, cough, sore throat, runny or blocked nose, body aches, headache, chills and fatigue.

Preventative measures include:

- washing hands frequently with soap and water or using an alcohol-based hand gel
- washing hands prior to touching eyes, nose or mouth
- when coughing or sneezing, covering the mouth and nose with tissues which should be disposed of.

Should you have further questions about Human Swine Flu, please contact the school or visit the Department's website at www.deta.qld.gov.au where you will find an informative range of questions and answers.

UPCOMING EVENTS

Monday 13/7	Whole staff at Language and Literacy PD – Day 1
Thursday & Friday 16/7 & 17/7	Judy Atkins off line undertaking the AEDI survey
Friday 17/7	JoAnn Clout will be off line undertaking Year 2 Diagnostic Net co-ordination time.

Have a great week!

Rebekkah

Worm Farm

Worm juice can still be purchased any time, \$1 for 1 litre, from Mrs Atkins. As our school is going on 2 weeks holidays, our worm farm will need an extra boost this week to ensure the worms have enough food to survive the holidays. **Could all classes bring in vegie and fruit scraps from home this week.** Remember, no onion, no citrus, no meat. Thanks!!!

MUSIC CORNER

Reminder to keep up the recorder work everyone as Mrs Stablum will be expecting great things when she returns from Canada. While Mrs Stablum is away, Ms Matheson will be covering The Arts (until 27/7).

P & C NOTICES **TUCKSHOP**

Tuckshop helpers: Sue-Ellen Rasmussen.

There are some price changes and new food items this term so please check new menu.

For a short time we have mango OKF drinks for \$1.00 – until sold out.

REMINDER: P & C Meeting – Monday 20th July 9.00am.

PUBLIC NOTICES

Northern Suburbs Cricket Club

Sign On:

Juniors & Seniors

DATE: SUNDAY 26th JULY

TIME: 2PM – 5PM

PLACE: WANDERERS SOCCER GROUNDS
BEN NEVIS STREET BEACONSFIELD

CONTACT: PAM BARRATT

49422076 OR 0417798441

(for more information if needed)

**ST BRIGID'S CATHOLIC PARISH FARLEIGH
& SEAFORTH
SACRAMENTAL PROGRAM 2009**

**Preparation for Reconciliation (1st Confession)
will commence with a Parent Information Night
on Wednesday 29th July 2009.**

**For further details and a enrolment form,
contact parish office 49598213, Wednesday &
Friday 9:00am – 2:00pm
Or contact Maria Axiak 49 598 849.
Children Grade 3 and up are eligible.**

Farleigh CWL Cent Sale – Saturday, 25 July –
7.30pm

St Brigids Hall, Farleigh. Great Prizes, hot food
and refreshments available.

Tea & Coffee provided free. See you there.